

**AN EMERGENCY RESOLUTION  
ACCEPTING A PROPOSAL FROM CROSSROADS HEALTH  
FOR THE VILLAGE'S PUBLIC SAFETY WELLNESS PROGRAM  
IN AN AMOUNT NOT TO EXCEED \$18,400.00**

WHEREAS, in June of 2022, the Ohio Emergency Management Agency released a grant opportunity for First Responder Wellness, Recruitment, Retention and Resiliency in order to respond to the negative impacts of the pandemic by addressing the wellness needs of Ohio's First Responder Community; and

WHEREAS, Mayfield Village submitted a grant proposal that included physical and mental wellness, mindfulness and nutrition counseling ("Wellness Program"); and

WHEREAS, in October 2022, in response to the grant proposal, Mayfield Village was awarded \$173,340.00 to fund a Wellness Program through December 31, 2024; and

WHEREAS, Council deems it necessary and in the best interest of the health, safety and welfare of all Village residents to accept a proposal from Crossroads Health to provide mental health wellness services for the Wellness Program.

BE IT RESOLVED BY THE COUNCIL OF MAYFIELD VILLAGE, OHIO, THAT:

SECTION 1. The Council of the Village of Mayfield accepts the proposal from Crossroad Heath for mental health wellness services for the Wellness Program, a copy of which is attached hereto and incorporated herein as Exhibit "A", on an as-scheduled and as-needed basis in an amount not to exceed \$18,400.00, effective as soon as possible and continuing through December 31, 2024.

SECTION 2. The Council finds and determines that all formal actions of this Council relating to the adoption of this Resolution have been taken at open meetings of this Council; and that deliberations of this Council and of its committees, resulting in such formal action, took place in meetings open to the public, in compliance with all statutory requirements including requirements of Section 121.22 of the Ohio Revised Code.

SECTION 3. This Resolution is hereby declared to be an emergency measure immediately necessary for the preservation of health, safety and welfare of the residents of Mayfield Village, Ohio, for the reason that it provides for necessary mental health wellness services to properly support Mayfield Village First Responders. It shall, therefore, take effect

immediately upon the passage by the affirmative vote of not less than five (5) members elected to Council and approved by the Mayor or otherwise at the earliest time allowed by law.

\_\_\_\_\_  
STEPHEN SCHUTT  
Council President

First Reading: \_\_\_\_\_, 2023

Second Reading: \_\_\_\_\_, 2023

Third Reading: \_\_\_\_\_, 2023

PASSED: \_\_\_\_\_, 2023

\_\_\_\_\_  
BRENDA T. BODNAR, Mayor

APPROVED AS TO FORM:

\_\_\_\_\_  
DIANE A. CALTA, ESQ.,  
Director of Law

ATTEST: \_\_\_\_\_  
MARY E. BETSA, MMC  
Clerk of Council

**EXHIBIT A**



Crossroads Health is a 501(c)(3) nonprofit organization.  
crossroadshealth.org

July 14<sup>th</sup>, 2023

Mayfield Village Police Department  
620 SOM Center Rd  
Mayfield, OH 44143

Chief Paul Matias,

The following is the breakdown of services Crossroads Health is able to provide in instituting your First Responder Wellness program for Mayfield Village:

- Wellness Checks (counseling)- Approximately 48 visits @ \$125/session (one hour) and any follow-up sessions.
- Consultation- \$100/hr. Joe Parkin or Julie Hammond
- Psychiatry- \$175/hr. (Optional)
- Peer Support Officer and Team Training- \$1000.00 for this 2-day training, for up to 10 people (optional)
- General Education training topics at \$100/hr (these trainings are generally one-hour sessions) (Optional)
  - Topics Include:
  - Stress
  - Trauma
  - Substance Abuse
  - Mental Health/Suicide Prevention
  - Nutrition- Health eating, healthy shopping, reading labels
  - Living a low-stress life, Art of NOW, Mindfulness
  - Changing our lives by changing our habits
- Beat the Burnout A.K. Dozanti- \$750 for a 4-hour training with CPT credits

Respectfully,

Joe Parkin

**Munson Road**  
8445 Munson Road  
Mentor, OH 44060  
Voice 440-255-1700  
Fax 440-205-2417

**Mentor Avenue**  
9220 Mentor Avenue  
Mentor, OH 44060  
Voice 440-354-9924  
Fax 833-209-8465

**Early Childhood Services**  
1083 Mentor Avenue  
Painesville, OH 44077  
Voice 440-358-7370  
Fax 440-358-7373

**Family Wellness Center**  
35104 Euclid Avenue #300  
Willoughby, OH 44094  
Voice 440-497-1977

**North Coast House**  
440-352-7271

**Linea Telefonica Hispana**  
440-205-2444